

Evaluations and Recommendations

NAME Brian

DATE _____

FILE _____

	Questions	Verbal	Dietary	Therapies	COMMENTS
UPPER GI					
LOWER GI					
LIVER					
KIDNEYS					
LOWER URINARY					
REPRODUCTIVE					
RESPIRATORY					
CARDIOVASC.					
LYMPH SYSTEM					
IMMUNOLOGIC					
SKIN					
MUCOSA					
MUSC/SKLT					
CENTRAL NERV.					
SYMPATHETIC					
PARASYMPATH.					
ADREN. STRESS					
ANABOL. STRESS					
THYROID STRESS					

INITIAL RECOMMENDATIONS

DATE _____

DIETARY RECOMMENDATIONS

3 gms. / day omega 3

OTHER RECOMMENDATIONS

Suspended cold infusion
of slippery elm
or
1 tsp. chia or psyllium
Seed

BOTANICAL

1 gm. cucurmin
(95% stand.
extract)

milk thistle

licorice
yeba morsa

FORM

tinct
tinct

DOSES TIMES

60 drops 2X
30 drops 2X

SELF MONITORING PARAMETERS