

PATIENT 2 continued

PRIMARY TREATMENT PROTOCOLS

Cancer Prevention and Cancer Support

Prepare a tonic, with emphasis on tea herbs when possible.

FOR DETOXIFYING - ANTIOXIDANT THERAPY.

Mineral tea, to be taken 2-3 times a day, prepared fresh each time, using available combinations of Alfalfa, Red Clover, Nettle Leaf, Mormon Tea, Oat Herb or Dandelion Leaf.

Hoxsey Formula

- Glycyrrhiza, 12 g.
- Trifolium pratense, 12 g.
- Arctium, 6 g.
- Stillingia, 6 g.
- Mahonia, 6 g.
- Phytolacca americana, 6 g.
- Rhamnus purshiana, 3 g. (Properly, Picramnia spp.- Cascara Amarga or Sweetia
- Rhamnus frangula, 3 g.
- Zanthoxylum americanum, 3 g.

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Combine the dry herbs, place in 3 cups of water and simmer for 10-15 minutes. Cool, strain and store in a dark glass jar.

sig: use 2-4 tbsp. tea in a third cup water adding 1-2 drops of saturated potassium iodide and 5-11 drops strong iodine (Lugol's) solution. Take q.i.d., p.c. and before bed. (NCNM Pharmacy)

Compound Fluidextract of Trifolium

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|------------------|--------|
| • Trifolium | 215 Gm |
| • Glycyrrhiza | 215 Gm |
| • Mahonia | 108 Gm |
| • Cascara Amarga | 108 Gm |
| • Arctium | 108 Gm |
| • Phytolacca | 108 Gm |
| • Stillingia | 108 Gm |
| • Zanthoxylum | 30 Gm |

All should be coarsely ground.

Prepare a fluidextract, using 50% alcohol for the first percolate, 30% alcohol for the balance. Dose, 1 teaspoon 2-3 times a day.

SUPPLEMENTS:

- Vitamin C (1-2 grams daily).
- Vitamin E (between 400 and 800 i.u .daily).
- Magnesium (usually 500 mg daily).
- Selenium (around 50 mcg daily).
- Chromium chloride or picolinate (100-200 mcgs daily).
- Zinc (25-50 mgs daily...not to used concurrent with NSAIDs).
- Lipoic Acid (400-600 mg daily)
- Co-Q10 - ubiquinone (100-400 mg daily)

ANTI-OXIDANTS and ANTI-INFLAMMATORIES

- Chaparral (*Larrea*) as a tincture, 30-60 drops a day.
- Turmeric (*Curcuma*), 4-8 capsules a day, Curcumin 95%, 2-3 capsules a day.
- Licorice Root (*Glycyrrhiza*), 4-6 capsules a day, 20% Glycyrrhizin, 1-2 a day.
- Green Tea 1-3 cups a day
- *Coleus forskohlii* as a tincture, 60-90 drops a day, 2-4% forskohlin, 2-4 capsules day (except with low blood pressure or with beta blockers)
- *Boswellia serrata*, 60% boswellic acid, 2-3 capsules a day

FLAVONOIDS

Blueberries or Huckleberries, Prickly Pear fruit, Cactus Flowers, Penstemon Flowers, Ocotillo Flowers, Desert Willow Flowers, Service Berries, Salal Berries, Rose Hips, Elder Berries, Aralia Berries, Cherries, Mulberries.

RADIATION-CHEMO SUPPORTIVES

- Tincture of Myrrh, 30 drops, Echinacea Tincture, 90 drops, 2-3 times a day
- Mild Thistle (*Silybum*), 5-10 capsules a day, 20% Silymarin, 2 a day.
- Maitake (*Grifola frondosus*) - ad libitum
- Cordyceps (*Cordyceps sinensis*) - ad libitum
- Reishi (*Ganoderma lucidum*) - ad libitum

LONG-TERM ANTI-METASTATIC THERAPEUTICS

- Maitake (*Grifola frondosus*) - ad libitum
- Reishi (*Ganoderma lucidum*) - ad libitum
- Shiitake (*Lentinus edodes*)
- Birch Bark tea (*Betula* spp.)

SPECIFICS

- Maitake (*Grifola frondosus*) - Breast and lung cancer
- Saw Palmetto (*Serenoa repens*) - Prostate cancer
- *Andrographis paniculata* - Skin cancer, including melanoma, Breast and Prostate cancer (not for use in pregnancy)