

Patient 1 Lesson #9
Constitutional intake notes

- Calcium in both wrists and it migrates. Sometimes hurts but not always.
- MM: look for trauma. Any other joint problems?
- Diagnosed with calcium in the ganglia. Michael thinks this is an inaccurate diagnosis.
- Ecstasy can affect nerve bundles
- Conenose insects can produce an accumulative inflammatory response
- Craves chocolate but Michael says that is a human condition, kind of like breathing
- Feet have started cramping at night the last 6 months, on the arch, both at the same time.
- Doesn't have a big appetite, and waits a long time to eat. Ringing in the ears when not eating
- Hypersensitivity, neuroma nerve bundles. Not necessarily calcium in the wrist. Wear a wrist protector.
- Doesn't stay hydrated, sleeps 6 hours a night.
- NO supplements. Eats meat and potatoes-pot pies- one meal in the P.M.
- 54 years old, no medications.
- Doesn't stretch, but gets relief from hanging from the wrist.
- Did Emergen-C for a year, regularly. Glucosamine
- Drinks 6 beers a night, has for the last 3 years.
- Tobacco: 10-20 cigarettes a day.
- Wrists rated a 6 on pain scale. Tender to the touch. Synovial cysts are hereditary.
- Magnesium/calcium deficiency from drinking and lack of nutrition contributes to foot cramps.
- Upper GI strong deficiency.
- Kidneys have become used to nocturnal function and daytime non function.
- Neurologic, not circulatory problems. Cold bodied, adrenalin stress.
- Turmeric and curcumin help with long standing inflammation.
- Panax is a kidney strengthener. Licorice helps with kidney and respiratory deficiency.