

MATERIA MEDICA

DRY PLANT Percolation Preferences

**These are herbs that are BEST as dry plant tinctures,
even though many other are APPROPRIATE as dry plant tinctures**

Herbs such as , Cardamom, resinous gums and Chinese herbs, if tinctured,
are presumed to be dry...no choice

Actea (all species) Root (Baneberry) 1:5, 80% alcohol
Aesculus (all species) Bark and Fruit (Buckeyes) 1:5, 50% alcohol
Apocynum (all) Root (Dogbane, Canadian Hemp) 1:5, 50% alcohol
Arctostaphylos (all) Leaf (Uva Ursi, Manzanita) 1:5, 50% alcohol
Asclepias (all except tuberosa) Root 1:5, 50% alcohol
Bursera Gum 1:5, 80% alcohol
Capsicum (all) Pods (Cayenne) 1:5, 95% alcohol
Caulophyllum thalictroides Root 1:5, 60% alcohol
Chamaelirium Root (Helonias) 1:5, 50% alcohol
Cypripedium (all) Root (Lady Slipper) 1:5, 60%. Warning: if you use this plant , you MAY be reborn as a motion detector over the front door at the Walmart in Española
Datura (all) Leaf 1:10, 60% alcohol
Delphinium (all) Seeds 1:5, 95% alcohol
Euonymus (all) Bark (Wahoo, Burning Bush) 1:5, 60% alcohol
Guaiacum officinale Wood (Lignum Vitae) 1:5, 95% alcohol
Iris (all) Root (Blue Flag) 1:5, 80% alcohol
Juniperus (all) Berries 1:5, 75% alcohol
Larrea tridentata Tops (Chaparral) 1:5, 75% alcohol
Leptandra Root (Veronicastrum Culver's Root) 1:5, 65% alcohol
Panax (all, including American) Root, etc. (Ginseng) 1:5, 70% alcohol
Petroselinum Root (Parsley Root) 1:5, 60% alcohol
Piscidia Bark (Jamaica Dogwood) 1:5, 60% alcohol
Podophyllum Root (American Mandrake) 1:5, 95% alcohol
Sanguinaria Root (Blood Root) 1:5, 60% alcohol
Sticta Lichen (Lungwort Moss) 1:5, 60% alcohol
Usnea Lichen (Usnea) 1:5, 50% alcohol
Veratrum (all) Root (False Hellebore) 1:10, 95% alcohol
Viscum album Herb (European Mistletoe) 1:5, 65% alcohol
Xanthoxylum (all) Berries, Bark (Prickly Ash) 1:5, 65% alcohol

